

Updated October 2020

Please Note: Individuals are added and removed from this list frequently. Please call the ADRC for an updated copy if your list is more than 2-3 months old.



*****The ADRC does NOT recommend any of these individuals over another*****

505 Broadway
Baraboo, WI 53913
(608)355-3289

A Helping Hand At Home
Contact Marina Wittmann, Helping Hand Coordinator
(608)355-3289

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This list includes individuals who are willing to provide help with indoor chores, outdoor chores, and respite care. Criminal background checks from the Department of Justice website are conducted and workers are interviewed by the Helping Hand Coordinator. Civil cases are not screened. You may check civil cases on the Wisconsin Circuit Courts website: <https://wcca.wicourts.gov/index.xsl> as the ADRC does not examine civil cases – just criminal. The workers included on the “A Helping Hand at Home” list are NOT employed NOR supervised by the ADRC.

How to Hire a Worker – some things to keep in mind as you decide who to hire as a ‘helping hand’

- 1) **Trust your instincts!** Remember that this person will be coming into your home and you should never feel unsafe.
- 2) **Make a list.** Develop a list of exactly what jobs you want and an idea of how much you are willing to pay the individual.
- 3) **Start with a telephone interview.** Describe the jobs you have in mind and be clear about your expectations. Ask about hours and wages. Also, ask if there will be any extra costs (like mileage or gas). Ask them about their previous job experiences. During the call, do **NOT** give too much personal information – like your last name or address.
 - a. If you don’t think the individual is a good fit for you, it is NOT necessary to schedule a face-to-face interview.
 - b. If you are unable to get in contact with somebody on the list, please call the ADRC and let us know who you cannot get ahold of – we will do our best to determine why they cannot be reached.
- 4) **Schedule a time to interview.** It can be a good idea to have someone with you (like a neighbor or family member) with you during the interview. They will make you feel more comfortable and will be able to give you their perspective.
- 5) **The Interview.** Before the interview, make a list of questions. Here are some sample questions:
 - What days and hours are you available?
 - What is your experience?
 - What is your current employment situation?
 - How flexible is your schedule?
 - What kinds of special training, if any, have you had?
 - What are your salary requirements? Is it negotiable?
 - Would you ever have any occasion to bring someone with you?
 - Would you agree to a trial period?
 - What do you like about this type of work?
 - Do you have reliable transportation?
 - What if you can’t be here at the agreed time?

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Some **signs of a problem** include:

- The assigned work is not done
- The worker comes late and/or leaves early
- The worker does not show up on agreed time/day
- The worker stays longer than the agreed amount of work time
- Personal items are missing from your home
- You do not feel comfortable with the worker

If at any time you feel unsafe or uncomfortable, please contact the ADRC and we can help resolve the problem. (608)355-3289

PLEASE NOTE:

- To protect individuals on oxygen or have other respiratory conditions, the list now includes if the worker or someone in their household smokes. This information is found in their listing.
- If you come across any of our Helping Hands workers who state that they are no longer participating in the program, please contact Marina Wittmann at the ADRC at (608)355-3289.
- Attached at the end of this list is a “Service Agreement”. Feel free to use this to ensure you and your worker are on the same page as far as work, wage, hours, and payment. All workers are aware of this agreement.
- **NEW!!! You will now see a date next to each worker’s name (for example 3/2013). This is the date the worker joined the Helping Hands at Home listing.**

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Baraboo

Worker	Tasks
Bowers, Sandy (4/2020) (608)963-1960	Housekeeping, laundry (if necessary)
Brown, Holly (8/2020) (608)963-8803	Light housekeeping, errands, light grocery shopping, light cooking, companionship, local doctor appointments, medication administration and reminders; available after 12:00pm
Burgess, Eva (3/2017) (608)495-0319 (c)	Companionship, cooking, errands, exercise, laundry, pet care, shopping, dispense meds, respite care, transportation, experience with Dementia, Alzheimer's, disabled, CNA; CPR certified
Curalli, Vicky (3/2014) (608)254-7689 (h) (608)844-0003 (c)	Light housekeeping, shopping, laundry, general care
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Freed, Deborah (10/2017) (608)356-0258 (h) (608)434-7214 (c)	Companionship, shopping, transportation, family history/photo albums, organization, bookkeeping, meal prep
Fuller, Carole (3/2017) (608)737-1015 (h) (608)335-5622 (c)	Housecleaning, laundry
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Huffman, Terri (10/2020) (608)415-3530	Companionship; transport to medical appointments, shopping, banking, local pharmacy; specialize in adjunct therapies for Dementia; available for overnights; can assist with hospice
Kimmell, Nancy (1/2019) (608)963-1565	Housekeeping, meal prep, bathing, shopping, transportation

Baraboo continued on next page...

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Continued...Baraboo

Worker	Tasks
Kjorlie, Cara (7/2017) (608)963-2163	Cleaning, assistance with activities of daily living, errands, grocery shopping
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Laughnan, Galiya (608)356-2359	Assist with daily living skills, bathing, cooking, laundry, light housecleaning, transportation to doctor appointments, grocery shopping; no lifting please; leave a message if she doesn't answer
Oyen-Pulsfus, Sue (4/2019) (608)395-7796 (c) (608)635-0376 (h)	Cooking, cleaning, medication distribution, grocery shopping, dog walking, companionship, bathing, errands
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Simonson, Lori (4/2020) (608)566-5514	Bathing, dressing, range of motion, mouth care, walks, cooking, meal prep, giving meds, Hoyer lift, running errands w/in 2 miles, grocery shopping; can work with ambulatory & non-ambulatory clients; prefers AMs
Taylor, Kenda (5/2019) (608)963-4417	No smokers please; light housekeeping, errands, grocery shopping, making meals, companionship, organization, taking people on outings for fun, laundry, dishes, medication management
VanderWegen, Jean (7/2020) (608)355-0037	Light housekeeping, companionship, cooking, cleaning, bathing, dispensing meds, exercise, going out for lunch, walks, ice cream; no heavy lifting please
Weckerly, Madison (7/2020) (608)393-3264	Companionship, light housekeeping, transfers, personal hygiene care, hospice care, activities of daily living, vitals, ostomy care, transportation
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs

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Hill Point / Lime Ridge

Worker	Tasks
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Fearing, Laurie (9/2020) (608)986-2509 or (608)630-3415	Companionship, light cleaning, transportation to appointments, errands, and shopping; pet care, outside chores, medication assistance

La Valle / Ironton

Worker	Tasks
Fearing, Laurie (9/2020) (608)986-2509 or (608)630-3415	Companionship, light cleaning, transportation to appointments, errands, and shopping; pet care, outside chores, medication assistance
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Hebel, Miranda (5/2019) (608)495-2718	Personal cares: bathing, dressing, feeding, getting in/out of bed, blood sugar checks, very familiar with feeding tubes; household chores: dishes, laundry, dusting, vacuuming; outside chores: lawn care, snow removal; transportation (wheelchair van); experience with dementia & Alzheimer's
Jones, Sally (2/2013) (608)553-0075 (c)	Cleaning, companionship, diabetic care, errands, hospice care, meal preparation, medication management, personal care, wound care, & pet care
Ray, Michael (6/2020) (608)985-8229	Lawn care – mowing, yard work

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Lodi

Worker	Tasks
Dembowiak, Annette (12/2019) (608)393-6130	Companionship, housecleaning, meal preparation, gardening, laundry, shopping, transportation to doctor, shopping, dog walking, personal cares; experience with Dementia; no heavy lifting
Kjorlie, Cara (608)963-2163	Cleaning, assistance with activities of daily living, errands, household helper

Loganville

Worker	Tasks
Anderson, Robin (6/2020) (608)553-1071	Transportation, shopping, bathing, medication supervision, meal prep, light housekeeping, range of motion exercises, companionship
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Fearing, Laurie (9/2020) (608)986-2509 or (608)630-3415	Companionship, light cleaning, transportation to appointments, errands, and shopping; pet care, outside chores, medication assistance
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Jones, Sally (2/2013) (608)553-0075 (c)	Cleaning, companionship, diabetic care, errands, hospice care, meal preparation, medication management, personal care, wound care, & pet care
Olson, Brenda (11/2019) (608)477-2701	Dispensing medication, personal hygiene cares, lift assist, physical therapy exercises, meal preparation, housework, companionship, pet care; <i>household member smokes</i>
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia

Mauston

Worker	Tasks
Huffman, Terri (10/2020) (608)415-3530	Companionship; transport to medical appointments, shopping, banking, local pharmacy; specialize in adjunct therapies for Dementia; available for overnights; can assist with hospice

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Merrimac

Worker	Tasks
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Kimmell, Nancy (1/2019) (608)963-1565	Housekeeping, meal prep, bathing, shopping, transportation
Kjorlie, Cara (7/2017) (608)963-2163	Cleaning, assistance with activities of daily living, errands, grocery shopping
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Oyen-Pulsfus, Sue (4/2019) (608)395-7796 (c) (608)635-0376 (h)	Cooking, cleaning, medication distribution, grocery shopping, dog walking, companionship, bathing, errands
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Stoffels, Dorene (5/2018) (608)643-4990 (c)	Light housework, laundry, showers, meal prep
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia

Portage

Worker	Tasks
Simonson, Lori (4/2020) (608)566-5514	Bathing, dressing, range of motion, mouth care, walks, cooking, meal prep, giving meds, Hoyer lift, running errands w/in 2 miles, grocery shopping; can work with ambulatory & non-ambulatory clients; prefers AMs

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Plain

Worker	Tasks
Anderson, Robin (6/2020) (608)553-1071	Transportation, shopping, bathing, medication supervision, meal prep, light housekeeping, range of motion exercises, companionship
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Stoffels, Dorene (5/2018) (608)643-4990 (c)	Light housework, laundry, showers, meal prep
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia

Reedsburg

Worker	Tasks
Bowers, Sandy (4/2020) (608)963-1960	Housekeeping, laundry (if necessary)
Brown, Holly (8/2020) (608)963-8803	Light housekeeping, errands, light grocery shopping, light cooking, companionship, local doctor appointments, medication administration and reminders; available after 12:00pm
Burgess, Eva (3/2017) (608)495-0319 (c)	Companionship, cooking, errands, exercise, laundry, pet care, shopping, dispense meds, respite care, transportation, experience with Dementia, Alzheimer's, disabled, CNA; CPR certified
Curalli, Vicky (3/2014) (608)254-7689 (608)844-0003 (c)	Light housekeeping, shopping, laundry, general care
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Fearing, Laurie (9/2020) (608)986-2509 or (608)630-3415	Companionship, light cleaning, transportation to appointments, errands, and shopping; pet care, outside chores, medication assistance

Reedsburg continued on next page...

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Continued...Reedsburg

Worker	Tasks
Fuller, Carole (3/2017) (608)737-1015 (h) (608)335-5622 (c)	Housecleaning, laundry
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Hebel, Miranda (5/2019) (608)495-2718	Personal cares: bathing, dressing, feeding, getting in/out of bed, blood sugar checks, very familiar with feeding tubes; household chores: dishes, laundry, dusting, vacuuming; outside chores: lawn care, snow removal; transportation (wheelchair van); experience with dementia & Alzheimer's
Huffman, Terri (10/2020) (608)415-3530	Companionship; transport to medical appointments, shopping, banking, local pharmacy; specialize in adjunct therapies for Dementia; available for overnights; can assist with hospice
Jones, Sally (2/2013) (608)553-0075 (c)	Cleaning, companionship, diabetic care, errands, hospice care, meal preparation, medication management, personal care, wound care, & pet care
Kimmell, Nancy (1/2019) (608)963-1565	Housekeeping, meal prep, bathing, shopping, transportation
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Olson, Brenda (11/2019) (608)477-2701	Dispensing medication, personal hygiene cares, lift assist, physical therapy exercises, meal preparation, housework, companionship, pet care; <i>household member smokes</i>
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Taylor, Kenda (5/2019) (608)963-4417	No smokers please; light housekeeping, errands, grocery shopping, making meals, companionship, organization, taking people on outings for fun, laundry, dishes, medication management
Weckerly, Madison (7/2020) (608)393-3264	Companionship, light housekeeping, transfers, personal hygiene care, hospice care, activities of daily living, vitals, ostomy care, transportation
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia

Updated October 2020

Rock Springs / North Freedom

Worker	Tasks
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Brown, Holly (8/2020) (608)963-8803	Light housekeeping, errands, light grocery shopping, light cooking, companionship, local doctor appointments, medication administration and reminders; available after 12:00pm
Burgess, Eva (3/2017) (608)495-0319 (c)	Companionship, cooking, errands, exercise, laundry, pet care, shopping, dispense meds, respite care, transportation, experience with Dementia, Alzheimer's, disabled, CNA; CPR certified
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Fuller, Carole (3/2017) (608)737-1015 (h) (608)335-5622 (c)	Housecleaning, laundry
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Hebel, Miranda (5/2019) (608)495-2718	Personal cares: bathing, dressing, feeding, getting in/out of bed, blood sugar checks, very familiar with feeding tubes; household chores: dishes, laundry, dusting, vacuuming; outside chores: lawn care, snow removal; transportation (wheelchair van); experience with dementia & Alzheimer's
Kimmell, Nancy (1/2019) (608)963-1565	Housekeeping, meal prep, bathing, shopping, transportation
Kjorlie, Cara (7/2017) (608)963-2163	Cleaning, assistance with activities of daily living, errands, grocery shopping

Rock Springs/North Freedom continued on next page...

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Continued...Rock Springs / North Freedom

Worker	Tasks
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Olson, Brenda (11/2019) (608)477-2701	Dispensing medication, personal hygiene cares, lift assist, physical therapy exercises, meal preparation, housework, companionship, pet care; <i>Household member smokes</i>
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Taylor, Kenda (5/2019) (608)963-4417	No smokers please; light housekeeping, errands, grocery shopping, making meals, companionship, organization, taking people on outings for fun, laundry, dishes, medication management
Weckerly, Madison (7/2020) (608)393-3264	Companionship, light housekeeping, transfers, personal hygiene care, hospice care, activities of daily living, vitals, ostomy care, transportation
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs

Spring Green/Lone Rock

Worker	Tasks
Anderson, Robin (6/2020) (608)553-1071	Transportation, shopping, bathing, medication supervision, meal prep, light housekeeping, range of motion exercises, companionship
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia

Updated October 2020
Sauk City / Prairie du Sac

Worker	Tasks
Bell-Ellis, Terri (3/2017) (608)459-5630	Companionship, laundry, light housekeeping, meal preparation, dispensing medications
Dembowiak, Annette (12/2019) (608)393-6130	Companionship, housecleaning, meal preparation, gardening, laundry, shopping, transportation to doctor, shopping, dog walking, personal cares; experience with Dementia; no heavy lifting
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Gutwiler, LeAnn (4/2017) (608)643-0016 (h)	Light housekeeping, laundry, cooking, baking, errands, spring cleaning, companionship
Hounsell, James (10/2017) (608)370-1632 (h)	snow blowing, help with lawn care, gardening, weeding
Kimmell, Nancy (1/2019) (608)963-1565	Housekeeping, meal prep, bathing, shopping, transportation
Kjorlie, Cara (7/2017) (608)963-2163	Cleaning, assistance with activities of daily living, errands, grocery shopping
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Laughnan, Galiya (608)356-2359	Assist with daily living skills, bathing, cooking, laundry, light housecleaning, transportation to doctor appointments, grocery shopping; no lifting please; leave a message if she doesn't answer
Oyen-Pulsfus, Sue (4/2019) (608)395-7796 (c)	Cooking, cleaning, medication distribution, grocery shopping, dog walking, companionship, bathing, errands; (608)635-0376 (h)
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Stoffels, Dorene (5/2018) (608)643-4990 (c)	Light housework, laundry, showers, meal prep
Wells, Beth (7/2020) (608)459-0875	Personal cares, daily living skills, medication administration, companionship, cleaning; experience with Alzheimer's & Dementia
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs

Updated October 2020

Wisconsin Dells / Lake Delton

Worker	Tasks
Curalli, Vicky (3/2014) (608)254-7689 (h) (608)844-0003 (c)	Light housekeeping, shopping, laundry, general care
Bowers, Sandy (4/2020) (608)963-1960	Housekeeping, laundry (if necessary)
Brown, Holly (8/2020) (608)963-8803	Light housekeeping, errands, light grocery shopping, light cooking, companionship, local doctor appointments, medication administration and reminders; available after 12:00pm
Downie, William (6/2020) (608)393-1205	Lawn mowing, pruning shrubbery, adding bark, mulch and stone, landscaping maintenance, snow removal, small handyman jobs, spring/fall cleanup, garage cleaning
Hays, Mark (6/2020) (608)963-0644	Basic home repairs and maintenance, pickup and delivery, in-home power wheelchair repair, basic TV and phone setup
Huffman, Terri (10/2020) (608)415-3530	Companionship; transport to medical appointments, shopping, banking, local pharmacy; specialize in adjunct therapies for Dementia; available for overnights; can assist with hospice
Klawitter, Jenifer (7/2020) (608)477-3795	Companionship, cooking, light housekeeping, hygiene care, personal cares, dressing, transfers, catheter care, medication administration, taking vitals, transportation
Price, Robert (2/2020) (608)737-1047	Personal cares, companionship, cooking, laundry, housecleaning, home maintenance, yard work, snow removal; if something is not listed – ask me!
Taylor, Kenda (5/2019) (608)963-4417	No smokers please; light housekeeping, errands, grocery shopping, making meals, companionship, organization, taking people on outings for fun, laundry, dishes, medication management
Weckerly, Madison (7/2020) (608)393-3264	Companionship, light housekeeping, transfers, personal hygiene care, hospice care, activities of daily living, vitals, ostomy care, transportation
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs

Updated 10.27.2020

Service Agreement

This service agreement is between

_____ and _____
(worker) (client)
on this date _____.

Services Provided

- This worker agrees to perform the following tasks for this client: _____
_____.
- This worker and client agree the work will be completed on (i.e. first Monday of each month): _____.

Payment

- The worker will charge a fee of _____ per _____ (job/hour).
- This worker and client agree that this worker will be paid (i.e. on the date of service, monthly): _____.

Nonpayment

- If the client for any reason does not pay the worker, this worker will (i.e. terminate services, put services on hold until payment): _____.

(worker) (client)

(date) (date)

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